

1 MINUTES OF THE CITY OF LAKE MARY COMMISSION ON ELDER AFFAIRS held
2 January 12, 2009, 4:30 P.M., Lake Mary Senior Center, 911 Wallace Court.

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4 I. Call to Order

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6 Chairman Jim Gudinas called the meeting to order at 4:30 P.M.

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8 II. Roll Call/Determination of a Quorum (7)

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10 Members Present

11 Jim Gudinas, Chairman

12 Bettye Smith, Vice Chairman

13 Henry Scarfo

14 Mona Graves

15 Kathy Harris

16 Jennifer Acevedo

17 Ann Barkley

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19 Also in attendance were Melissa Flippin, Senior Programs Coordinator, Marie Bradham, Liaison
20 and Zach Hudson, Lake Mary Police Department.

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23 III. Approval of Minutes – December 8, 2008

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25 **Motion was made by Henry Scarfo and seconded by Bettye Smith to approve the minutes**
26 **of December 8, 2008, as written. Motion carried unanimously.**

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29 IV. Senior Center Coordinator's Report – Melissa Flippin

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31 Items of discussion:

- 32 • December was a slow month; closed during the holidays
- 33 • Donations staying consistent
- 34 • Tax assistance beginning in February
- 35 • New program: Ask-A-Nurse the last Wednesday of every month

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37 V. *Old Business*

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39 A. Nominating Committee – Kathy Harris

- 40
41 • No new applications at this time

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43 B. Update/status on assessment survey – Henry Scarfo

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45 Overview:

- 46 • Response rate was 44.4% - excellent!
- 47 • Data has been inputted at the AAA data center, currently running analysis,
48 geocoding.

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2 New Items of Discussion:

- 3 • Preliminary results of senior survey, Life in Lake Mary
- 4 • 50% of respondents were between the ages of 55 – 64
- 5 • General write-in questions and what categories they fell into
- 6 • Establishing programs for the “younger” senior?
- 7 • Formulating a strategy plan
- 8 • Next month the draft report will be available
- 9 • Abridged version of report will be published for the citizens

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12 B. Shred-a-thon Update – Jim Gudinas

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14 Items of discussion:

- 15 • Posters have been distributed throughout the community
- 16 • Deadline for major sponsors is today
- 17 • Goodie bag stuffing Friday, January 16th
- 18 • Saturday is the big day!

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21 VI. New Business

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23 A. Senior Intervention Program – Zach Hudson

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25 Officer Hudson discusses the idea of a Senior Intervention Program in Lake Mary and how the
26 Elder Affairs Commission can work alongside the Lake Mary Police Department and local faith
27 based organizations to make this a successful program.

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29 “**Grass roots program** The Seniors Intervention Group is dedicated to sustaining and improving
30 the quality of life for our elderly citizens in the city of Lake Mary. This organization is a
31 partnership between local faith based organizations and the Lake Mary Police Department.
32 The objective is to preserve the independence of the elderly, promote mental and physical well
33 being by providing assistance with services such as transportation, basic home repair, short
34 term financial assistance, elder abuse/neglect prevention and basic social services.”

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37 B. Report on COA meeting with Seminole County – Henry Scarfo

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39 No report for this meeting

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42 VI. Next Meeting: Monday, January 12, 2009, at the Lake Mary Senior Center

1 VII. Adjournment

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3 **Motion was made by Ann Barkley and seconded by Kathy Harris to adjourn.**

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5 **There being no further business, the meeting was adjourned at 5:45 P.M. by Chairman**
6 **Jim Gudinas.**

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49 Jim Gudinas, Chairman

Melissa Flippin, Senior Programs Coordinator