

1 MINUTES OF THE CITY OF LAKE MARY COMMISSION ON ELDER AFFAIRS held
2 May 10, 2010, 4:30 P.M., Lake Mary Senior Center, 911 Wallace Court.

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4 I. Call to Order

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6 Chairman Jim Gudinas called the meeting to order at 4:30 P.M.

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8 II. Roll Call/Determination of a Quorum (7)

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10 Members Present

11 Jim Gudinas, Chairman
12 Jennifer Acevedo, Vice Chair
13 Bettye Smith - absent
14 Henry Scarfo
15 Mona Graves
16 Kathy Harris – absent
17 Ann Barkley
18 Marcie Kilbourne
19 Faye Carson

20
21 Also in attendance were Melissa Flippin, Senior Programs Coordinator and Marie
22 Bradham, Liaison.

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24 III. Approval of Minutes – April 19, 2010

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26 **Motion was made by Ann Barkley and seconded by Mona Graves to approve the**
27 **minutes of April 19, 2010, as written. Motion carried unanimously.**

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29 IV. Senior Center Coordinator's Report – Melissa Flippin

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31 Items of discussion:

- 32 • Review of attendance and donations.
- 33 • May see a decrease in attendance as the “snow birds” go north for the
34 summer.
- 35 • Upcoming schedule for May and guest speakers.

36
37 V. Old Business

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39 EAC: What is our purpose and objectives?

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41 Henry Scarfo: “What do we want to be when we (EAC) grow up? The City Commission
42 has given us a huge amount of flexibility to branch out in a variety of different directions.
43 We clearly have a charge to support Communities for a Lifetime. There could be some
44 other actionable items from the (senior) survey. I think we ask ourselves what is it we
45 are doing for seniors? The Seminole County Community on Aging, which I am part of,
46 is discovering numerous amounts of information available through a variety of agencies
47 and what we're trying to do is consolidate that information into one website. I don't feel
48 we need to recreate the wheel and create services we could add links to the already
49 created senior center website for the community to access.

50 COMMISSION ON ELDER AFFAIRS

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1 We've also talked about grants and fundraising. Orange County Elder Committee has
2 a newsletter briefly highlighting some great information. Joining forces with such groups
3 as Triad and the Senior Intervention Group as well as other agencies could provide a
4 large amount of resources. So as I think about what are we doing for seniors, I think our
5 objective should be how do we improve the communications and get information to
6 people who really need it? One of the things we did at the county commission is we took
7 the recommendation of the Communities for a Lifetime report and we took all of the nine
8 initiatives, and we set up simple objectives for what we wanted to accomplish. With
9 some of these suggestions, I think if each of us pairs off and picks an initiative or two, I
10 think we can really accomplish something positive and valuable and have something to
11 report back to the Lake Mary City Commission. Our Survey shows that the population of
12 Lake Mary is aging and more and more people are going to require some type of senior
13 services and it should be in the City's plan to do something beyond what we are now.
14 Maybe it's five years out, maybe it's ten years out, but it's something that we can paint
15 the picture of the need."
16

17 Discussion amongst board members: "What do we want to accomplish?"
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19 Items of discussion:

- 20 • Preparation of a presentation to City Commission to present awareness of needs
21 for the future.
- 22 • Communities for a Lifetime overview for new board members.
- 23 • Other groups (potentially to get involved in senior initiatives/transportation (i.e.,
24 Rotary)?
- 25 • Invite other city employees dealing with senior initiatives (i.e., Police and Fire) to
26 the next EAC meeting scheduled for June 14th to give suggestions and
27 coordinate efforts.
- 28 • Communication tools: grant writing, webpage, newsletter.
- 29 • Set up planning meeting before next meeting to coordinate an "e-newsletter".
30

31 VI. New Business
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- 33 • No new business at this time.
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35 VII. Next Meeting: Monday, June 14, 2010, at the Lake Mary Senior Center
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37 VIII. Adjournment
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39 **Motion was made by Mona Graves and seconded by Jennifer Acevedo to adjourn.**
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41 **There being no further business, the meeting was adjourned at 5:55 P.M. by**
42 **Chairman Jim Gudinas.**
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45 _____
46 Jim Gudinas, Chairman
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Melissa Flippin, Senior Programs Coordinator
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