

1 MINUTES OF THE CITY OF LAKE MARY COMMISSION ON ELDER AFFAIRS held  
2 May 18, 2009, 4:30 P.M., Lake Mary Senior Center, 911 Wallace Court.

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4 I. Call to Order

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6 Chairman Jim Gudinas called the meeting to order at 4:35 P.M.

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8 II. Roll Call/Determination of a Quorum (6)

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10 Members Present

11 Jim Gudinas, Chairman

12 Bettye Smith, Vice Chairman

13 Henry Scarfo

14 Mona Graves - Absent

15 Kathy Harris – arrived at 4:55 pm

16 Jennifer Acevedo

17 Ann Barkley

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19 Also in attendance were Melissa Flippin, Senior Programs Coordinator, Marie Bradham, Liaison,  
20 Sam Scarfo, and Marcie Kilbourne, Potential EAC Committee Member.

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22 III. Approval of Minutes – April 13, 2009

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24 **Motion was made by Henry Scarfo and seconded by Ann Barkley to approve the minutes**  
25 **of April 13, 2009, as written. Motion carried unanimously.**

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27 IV. Senior Center Coordinator's Report – Melissa Flippin

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29 Items of discussion:

- 30 • Class numbers are the same but some are picking up
- 31 • Changes next month:
- 32 • Mondays 9:30 am Yoga now labeled 55+, H2U Yoga labeled All Ages
- 33 • Mondays no more computer classes; now open lab is offered 1 – 4 pm
- 34 • Monday and Thursday open 9 -5 pm; Tuesdays, Wednesday and Thursdays will remain
- 35 9 am – 4 pm
- 36 • Added breathing class on Mondays and Thursdays 4 – 5 pm
- 37 • Tuesdays Chairbics changing to 9:30am; Tai Chi changing to 11:00 am
- 38 • June: Fridays Line Dancing is off for the summer (June, July, August)
- 39 • June: Ping Pong and WI Game offered
- 40 • Potential new classes: July/August belly dancing and camera lessons
- 41 • Marie shows new projects examples: walker bags and cancer hats

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43 V. *Old Business*

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45 a) Nominating Committee Report

- 46 • Members vote to add Marcie Kilbourne as a new member to the Elder Affairs
- 47 Committee

- Marcie represents the Forest in Lake Mary and discusses what programs residents in the Forest would participate in considering it's a 75+ age group

**Motion was made by Ann Barkley and seconded by Jennifer Acevedo to nominate Marcie Kilbourne to the Elder Affairs Committee. Motion carried unanimously.**

b) Senior Center Brochure

- Overall looks nice but there is debate over set-up, cover, price and quantity
- Senior Center hours should be on the front on brochure
- Questions are raised about where to distribute the brochure and if seniors are going to actually read them
- Brochure needs more pictures
- Money to pay for brochure would come out of senior center budget

c) Senior Website Update

- More information needed its still a work in progress
- The website content and objectives have not yet been discussed

d) 501 c 3 Discussion

Sam Scarfo is introduced at this time and discusses her background and how she can help with the development of a 501 c 3.

Items of discussion:

- Bi-laws need to be established
- A council would need to be established; includes someone to research and write things, someone responsible for the fiscal accountability, someone willing to write and edit a newsletter, someone to help with corporate donations, a lawyer, a PR person to get in front of different groups, a liaison from Lake Mary Elder Affairs.
- A 501 c 3 is a vehicle to solicit donations for senior services in Lake Mary
- Other ways to pay for this could be fundraising, grants, or ask board (city) for money
- More information needed to explore 501 c 3

**Motion was made by Ann Barkley and second by Kathy Harris to endorse the use of senior center donations as seed money for a 501 c 3, if allowable. Motion carried unanimously.**

VI. New Business

A. Summer Meeting Schedule – May 18<sup>th</sup>, No June Meeting, July 13<sup>th</sup>, and August 10<sup>th</sup>.

VII. Next Meeting: Monday, July 13, 2009, at the Lake Mary Senior Center

1 VIII. Adjournment

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3 **Motion was made by Jennifer Acevedo and seconded by Kathy Harris to adjourn.**

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5 **There being no further business, the meeting was adjourned at 6:00 P.M. by Chairman**  
6 **Jim Gudinas.**

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48 Jim Gudinas, Chairman

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Melissa Flippin, Senior Programs Coordinator