

1 MINUTES OF THE CITY OF LAKE MARY COMMISSION ON ELDER AFFAIRS held
2 June 14, 2010, 4:30 P.M., Lake Mary Senior Center, 911 Wallace Court.

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4 I. Call to Order

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6 Chairman Jim Gudinas called the meeting to order at 4:30 P.M.

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8 II. Roll Call/Determination of a Quorum (9)

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10 Members Present

11 Jim Gudinas, Chairman

12 Jennifer Acevedo, Vice Chair

13 Bettye Smith

14 Henry Scarfo

15 Mona Graves – arrived at 4:36 pm

16 Kathy Harris

17 Ann Barkley

18 Marcie Kilbourne

19 Faye Carson

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21 Also in attendance were Melissa Flippin, Senior Programs Coordinator, Marie Bradham,
22 Liaison, Community Officer Zach Hudson, Lake Mary Police Department, and Jennifer
23 Pierce, Lake Mary Fire Department.

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25 III. Approval of Minutes – May 10, 2010

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27 **Motion was made by Ann Barkley and seconded by Kathy Harris to approve the**
28 **minutes of May 10, 2010, as written. Motion carried unanimously.**

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30 IV. Senior Center Coordinator's Report – Melissa Flippin

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32 Items of discussion:

- 33 • Review of attendance and donations.
- 34 • May saw a decrease in attendance as the "snow birds" go north for the
35 summer. Donations lower due to cancellation of some classes for the
36 month.
- 37 • Upcoming schedule for June and guest speakers.

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39 V. Old Business

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41 Continue Discussion of EAC Purpose and Objectives

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43 Jim Gudinas introduces Community Officer Zach Hudson and Jennifer Pierce from the
44 Lake Mary Fire Department. Goal: to gather information regarding senior assistance by
45 each department. How does the Elder Affairs Committee fall into these roles?

46 Jennifer Pierce, public educator for the Lake Mary Fire Department. Roles in assisting
47 senior in the City of Lake Mary include:

- 48 • On Seminole County Triad board

- 1 • Participates on Seminole County's Special Needs Committee –
- 2 specifically during disaster
- 3 • Provides *Remembering When Program* to the surrounding community –
- 4 Fire and Fall Safety information for seniors
- 5 • Provides Home Visits – checks smoke detectors and weather radios
- 6 • Maintains list of special needs– door to door – see if people need
- 7 assistance. About 80 people currently registered in Lake Mary.
- 8 • How information is spread about Fire Department programs: Lake Mary
- 9 Life Magazine, Lake Mary Senior Center email blast, Orlando Sentinel,
- 10 Sanford Herald, twitter, face book.
- 11 • What can EAC do to help? Continue to offer such programs as Shred-a-
- 12 thon, proper disposal of medications, and the Fire and Fall Prevention
- 13 program. Get educated on programs to help spread the word through the
- 14 community.
- 15

16 Zach Hudson, Lake Mary Police Department, discusses his involvement in senior
17 activities throughout the City.

- 18 • Suggests attending a Seminole County Heart meeting – EOC – Sheriff's
- 19 Department. Partnership between the sheriff's office and churches. Offer
- 20 monies to cover different repairs in home, this is an untapped resource.
- 21 For those who have suffered some kind of weather related damage.
- 22 • Developed the Senior Intervention Group (SIG) in Lake Mary – 7 people
- 23 on board. In August, 75 volunteers doing yard work for seniors in the
- 24 Forest. Accepting donations to continue providing senior assistance in the
- 25 community.
- 26 • How is SIG promoted? Word of mouth
- 27 • How do they provide transportation to the seniors in the community?
- 28 Volunteers through the churches and Wellmed (insurance) will provide
- 29 some transportation to doctors' appointments if the person is insured by
- 30 Wellmed.
- 31 • SIG has provided assistance to over 300 seniors in the community so far.
- 32 • Biggest challenge is to keep the churches engaged in the program.
- 33 • Henry Scarfo recommends member of SIG board sit in on EAC meetings
- 34 monthly to give updates on ongoing programs.
- 35 • Other Police Department projects: looking into a GPS system – size of
- 36 and iPod – to provide to seniors and children in the community. If
- 37 someone were to go missing, the police department would be able to
- 38 locate that person in a matter of minutes. The idea is currently being
- 39 researched.
- 40

41 Communication Committee Report

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43 Newsletter Committee: Jennifer Acevedo, Henry Scarfo, and Ramona Graves. This
44 committee came up with a newsletter that includes important senior resources that can
45 be easily found all in the same place. The newsletter will spotlight a different facility or
46 agency every edition. The purpose is to make available information more accessible.
47 The design is meant to be simple, compacted and focused. The goal is to make this an
48 electronic device to the senior community, with limited paper posting.

1 Each Elder Affairs board member would be required to collect information on one If idea
2 approved by EAC board, next step would need to be getting approval from City
3 Manager and hopefully have out the first edition by August.

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5 **Motion was made by Bettye Smith and seconded by Kathy Harris to proceed with**
6 **the Elder Commission newsletter and to commit to providing information on one**
7 **“spotlight” article. Motion carried unanimously.**

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9 Once the newsletter draft is complete, it will be presented to the City Manager for
10 approval.

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12 VI. New Business

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14 • No new business at this time.

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16 VII. Next Meeting: Monday, July 12, 2010, at the Lake Mary Senior Center

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18 VIII. Adjournment

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20 **Motion was made by Mona Graves and seconded by Faye Carson to adjourn.**

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22 **There being no further business, the meeting was adjourned at 6:00 P.M. by**
23 **Chairman Jim Gudinas.**

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46 Jim Gudinas, Chairman

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46 Melissa Flippin, Senior Programs Coordinator