

1 MINUTES OF THE CITY OF LAKE MARY COMMISSION ON ELDER AFFAIRS held
2 July 13, 2009, 4:30 P.M., Lake Mary Senior Center, 911 Wallace Court.

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4 I. Call to Order

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6 Chairman Jim Gudinas called the meeting to order at 4:30 P.M.

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8 II. Roll Call/Determination of a Quorum (8)

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10 Members Present

11 Jim Gudinas, Chairman

12 Bettye Smith, Vice Chairman

13 Henry Scarfo

14 Mona Graves

15 Kathy Harris

16 Jennifer Acevedo – Has to leave at 5:00 pm

17 Ann Barkley

18 Marcie Kilbourne

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20 Also in attendance were Melissa Flippin, Senior Programs Coordinator, Marie Bradham, Staci
21 Cashe, Intern, Lynn Tachi, Crown Med Transport, & Officer Zach Hudson, LMPD.

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23 III. Approval of Minutes – May 18, 2009

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25 **Motion was made by Henry Scarfo and seconded by Bettye Smith to approve the minutes**
26 **of May 18, 2009, as written. Motion carried unanimously.**

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28 IV. Senior Center Coordinator's Report – Melissa Flippin

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30 Items of discussion:

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- 33 • Chairobics classes are at full capacity. Considering adding more classes and
34 cutting the time length or think about getting a new instructor. Start out by
35 changing the Monday classes.
 - 36 • Consider making a chairobics video again to present to the city for consideration
37 of a bigger facility.
 - 38 • All classes are consistently at capacity.
 - 39 • Due to some classes being out for the summer the Senior Center is currently
40 experimenting with classes such as line dancing, camera classes, and new
41 computer classes. These classes may stay depending on the numbers.

42 V. Special Presentations

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44 Officer Zach Hudson

- 45 • The senior intervention has been getting two referrals a week.
- 46 • So far the referrals have been for minor things such as maintaining their house to
47 needing transportation to doctors' visits.
- 48 • There hasn't been a specific criteria set for those asking or receiving help, but in
49 the future there is a good chance there will be.

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- There are many concerns about what will happen if the program continues to grow rapidly because at this time the program is based on volunteers and churches.
- These are ideas for some volunteer criteria:
 - a. All volunteers for this program have to pass a background check.
 - b. Must sign a liability form which is discussed individually based on the service needed.

Lynn Tachi , Crown Med Transport

- This program offers senior transportation to and from medical appointments and guarantees that their services will always be on time no waiting.
- Working on getting approval from medicade to cover some or all of the costs for people who qualify.
- Fees: \$50.00 round trip, \$25.00 one way, and \$2.25 each additional mile over 5 miles.

V. Old Business

- Concerns about the fiscal budget because at this time the cost for instructors takes up most of the budget and there is still not enough money to cover the full cost of instructors.
- A suggestion was to think about considering increasing the donations per class.
- Another suggestion was to get sponsors for the instructors for the class being offered. For example, the Tai Chi teacher could be sponsored by a karate business. The sponsor would pay for the instructor.
- Consider asking the city for more money to pay for instructors and expanding by moving to a bigger facility.

VII. New Business

No new business at this time

VII. Next Meeting: Monday, August 10, 2009, at the Lake Mary Senior Center

VIII. Adjournment

Motion was made by Ann Barkley and seconded by Marcie Kilbourne to adjourn.

There being no further business, the meeting was adjourned at 5:35 P.M. by Chairman Jim Gudinas.

Jim Gudinas, Chairman

Melissa Flippin, Senior Programs Coordinator